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No butts in the final minutes

Canadian Tire Centre no longer allowing hockey fans to light up in the third period **PAGE 8**

Court docs: Rob and I smoked crack, sis says

New police files on Ford **PAGE 12**

From lawyer to Lego artist

Nathan Sawaya's Art of the Brick exhibition lands in London **PAGE 21**

Kingsley takes it lying down

Actor performed latest voiceover role horizontally **PAGE 23**

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Speed likely factor in VIA-bus crash: TSB

Speed and driver distraction were likely factors that played into the fatal OC Transpo-VIA Rail train collision last September, Canada's Transportation Safety Board revealed Wednesday. The TSB says the city bus was travelling above the speed limit at the time of the crash, which claimed the lives of five bus passengers and the bus driver. See story, page 6. ADRIAN WYLD/THE CANADIAN PRESS FILE



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FIVE THINGS YOU NEED TO KNOW TODAY

1

TWEED INC. TALK

Bruce Linton, co-founder, chair and interim CEO of medical pot firm Tweed Inc., will speak at a Sprott School of Business event today, 11:45 a.m. to 1:30 p.m., at Carleton University's Residence Commons.

2

ONE WORLD FEST

Ottawa's One World Festival turns 25 this year, and the birthday bash kicks off tonight with Above All Else, a doc following the plight of landowners and activists in East Texas trying to stop the XL Keystone Pipeline deal.

3

GAME OF ZOMBIES?

Game of Thrones' Lena Headey and Charles Dance have signed on for the adaptation of Pride and Prejudice and Zombies, based on the 2009 modification of the Jane Austen classic.

4

POST DEPOT HACK

Some lenders are preparing to reissue credit or debit cards to customers to head off possible losses following the Home Depot data breach. Capital One Financial and JPMorgan Chase & Co. said Wednesday they are assigning new cards.

5

DR. MOSQUITO

Brazilian researchers have freed a batch of mosquitoes injected with a dengue-blocking bacteria they hope can combat the tropical disease naturally. The scientists are taking part in a global project to release the mosquitoes.

Boy, 6, with cerebral palsy finds voice in technology

Dynobox. System's camera and computer track boy's eyes, so when he wants to talk, he can look at a picture on the screen and a computerized voice will say it aloud



LUCY SCHOLEY
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Oliver Lumley-Pfeil always loved his parents, but a voice technology gave him the words to say it.

The six-year-old has a form of cerebral palsy that makes him unable to walk or communicate in sentences. He was so sensitive to his environment that the fizz and crack of a pop can opening would once make him erupt into tears for hours. He could not handle being beyond his adoptive parents, Susan and Melissa.

So when Oliver acquired a

Dynobox voice output system two years ago, he was finally able to say those three words that all parents long to hear.

The Lumley-Pfeils say they already knew it, but that this technology gives their son the ability to communicate with others.

"We know how Oliver feels. We know when he's having a good day or a bad day and we know when something's wrong and we know he loves us," said Melissa Lumley-Pfeil, "but to give him the chance to be able to vocalize that, out loud, for everybody to hear, is amazing."

The Dynobox has a computer and a camera that calibrate with Oliver's eyes. When he wishes to communicate, he looks at a picture on the screen and a computerized voice will say it aloud. While he could previously vocalize a few words, he can now string whole sentences together.

It has assisted the six-year-old's social skills and helped him in the classroom.

He was a student at the Ottawa Children's Treat-

Quoted

"We know he loves us, but to give him the chance to be able to vocalize that, out loud ... is amazing."

Oliver's mother Melissa Lumley-Pfeil

ment Centre (OCTC) for the past two years, but recently started Grade 1 at a school in Almonte, where his teacher is already giving him Grade 2 work to do.

TELUS' Ottawa Community Board gave \$20,000 to the OCTC — which provides education and therapy to kids with disabilities — for similar classroom technology.

"It has enhanced our ability to reach out to the kids because technology is so fast-changing," said principal Leslie Walker.

"We receive funds from the Ministry of Education, but we're not receiving funds to maintain our ability to provide augmentative equipment for the kids in the classroom."



Oliver Lumley-Pfeil, a six-year-old boy with cerebral palsy, uses computer-assisted voice technology to communicate verbally. CONTRIBUTED

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Emergency fund to pay crossing guards

A first. City council OK's use of emergency account to fund 11 new guards



STEVE COLLINS
ottawa@metronews.ca

City council voted Wednesday

to dip into its account for one-time and unforeseen expenses to pay for extra school crossing guards until the end of the year.

The city identified 12 locations where new crossing guards were needed this year, but because of budget constraints, only one was hired. The \$38,500 emergency cash will pay for the other 11.

Mayor Jim Watson said

The buck stopped here

"Originally it was the school boards that paid for the crossing guards."

Mayor Jim Watson

many factors, from new schools opening to changes in school bus services, have increased demand for crossing

guards.

The cost is borne by the city, which employs 158 guards, and Watson said he hopes to meet with school board representatives to talk about ways to share the burden.

In an emailed statement, the Ottawa Carleton District School Board announced that they'd scheduled a meeting between board staff and the city next week.



Ottawa will dip into its emergency account to pay for 11 new school crossing guards. RAE ALLEN/FICKR

Pembroke. What's slavery doing in a city council candidate's name?

Ryan Paulsen was picking his son up from school Wednesday when the Pembroke resident noticed the election campaign sign.

It read, "Vote Lynn S. Lavery For Councillor," and "We Can Do Better!"

Paulsen, on leave from his job as a reporter with the Pembroke Daily Observer, saw the potential for unfortunate misreading (Lynn Slavery?!), so he took a photo and tweeted it:

"Candidates should think twice before deciding to use their middle initial... #Pembroke #election2014"

"I thought maybe it was a joke at first," he said, "so I looked it up and sure enough, Lynn S. Lavery is an official candidate."

She sure is, and she's heard all the jokes.

"This is not the first time I've heard this, people play-

ing with my middle initial," Lavery said. "But I have to say when I saw this, my first reaction was, 'Punctuation: Is it not a fundamental skill that you're supposed to have in journalism?'"

The period after the "S," she insists, is a full stop. It stands for Sharon, by the way.

"I just don't know why you'd choose to use your middle initial if that was what resulted," Paulsen said. "I don't know why the 'S' has to be there at all. I dunno, it's weird. But hilarious and it brightened my day."

For Lavery, the answer's simple: "It's part of my name. It's how I'm known. It's how I sign everything."

Meanwhile, she's taking the snark in stride, hoping it encourages people to ask about her actual platform.

STEVE COLLINS/FOR METRO



Ryan Paulsen snapped this picture of an election sign in Pembroke that could easily be misread by motorists passing by. RYAN PAULSEN

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0% tax rise possible for Ottawa: Mike Maguire

Mayoral candidate.

His plan involves a hiring freeze for all city departments



LUCY SCHOLEY
lucy.scholey@metronews.ca

A zero per cent tax increase is a realistic goal for the City of Ottawa, according to mayoral candidate Mike Maguire.

While voters heard this promise from former mayor Larry O'Brien in 2006 (except for the 2007 year, he was not successful in this "zero-means-zero" pledge), now they are hearing it from incumbent Mayor Jim Watson's biggest competitor.

"Here's a commitment: We start with nothing. We start with zero. You have to start the budget saying, 'There's no more left to give,'" said Maguire, during his first press conference in his new campaign headquarters in the city's west end. "I believe we can find enough spare capacity in the City of Ottawa budget not to require a tax increase."

But, said Maguire, voters do not have a clear picture of the city's expenditures.

He vowed to "open the books," which prompted Watson's campaign spokesperson Ryan Kennery to tweet, "The City's books are wide open."

Here are the last 12 budgets* with a link.

Maguire's tax plan involves a hiring freeze for all city departments and corporate entities like Hydro Ottawa.

This does not mean layoffs, said Maguire, but reassessing the city's workforce following retirements.

A pay-as-you-go approach would limit spending to major infrastructure projects like transit and roads, he said.

Also, a citywide review of municipal services, with a focus on tax relief, is part of Maguire's platform.

He wants a "focused and aggressive approach" to tackling the city's \$1.6-billion debt.

In a followup email, Kennery said Maguire's plan ignores rising gas prices, arbitrator contracts, deteriorating infrastructure and demands for more services.

"If Mr. Maguire took some time to do some research, he would see that the City of Ottawa has a great financial record, with a AAA credit rating that was recently re-affirmed," wrote Kennery.

"The City of Ottawa debt is actually being reduced by \$90 million this year due to debt principal repayments, but Mr. Maguire ignores these facts in favour of simplistic solutions to complex challenges."

Watson has promised a two per cent cap on the tax rate.

The municipal election is Oct. 27.

NASA's space program

Charles Bolden to visit Canada

How do spaceships fly? What do you eat in space? How do you go to the bathroom while floating around our solar system?

These are just some questions youth in Ottawa's Encounters with Canada program can ask NASA Administrator Charles Bolden when he visits the city Oct. 1.

The NASA executive and former astronaut will speak to students during Encounters with Canada's Science and Technology theme week and will answer questions about NASA's space program and what it's like to float around in space.

Bolden went into orbit a total of four times between 1986 and 1994, commanding two of his missions and piloting two others.

The event starts at 3 p.m.
TREVOR GREENWAY/METRO

Terror cell

Toronto 18 ringleader denied parole

A ringleader of the so-called Toronto 18 terror cell has no "viable" plan to resist the radical influences that once led him to plot a deadly attack against Parliament, officials said Wednesday in denying him parole. THE CANADIAN PRESS

Ontario

Vic Fedeli in race for PC leader

Former North Bay mayor Vic Fedeli is jumping into the race to become the next leader of Ontario's Progressive Conservatives, and says he wants to see a kinder, gentler party. Fedeli told supporters he is tired of apologizing for the PC party and the election campaigns it runs. THE CANADIAN PRESS

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Ottawa mayoral candidate Mike Maguire speaks at a press conference
Wednesday. LUCY SCHOLEY/METRO

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Speed, distraction possible factors in fatal bus crash: TSB

Update. Investigators warn that it's too early to draw conclusions as the probe into the crash is still continuing



JOE LOFARO
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Speed and driver distraction were likely factors that played into the fatal OC Transpo-VIA Rail train collision last September, Canada's Transportation Safety Board revealed Wednesday.

At a press conference in Ottawa, lead investigators outlined what may have played a role in the Sept. 18, 2013, crash that claimed the lives of five bus passengers and the bus driver.

The TSB also sent the City of Ottawa two safety advisory letters that recommend OC Transpo improve monitoring of bus speeds at railway crossings and re-evaluate the use of video monitors on double-decker buses.

According to the TSB calculations, the double-decker bus was travelling 67.7 km/h in the posted 60 km/h zone before initiating the brakes.

Had the bus not been speeding, it would have been able to stop six metres before the point of impact, said investigator Robert Johnston.

The finding is a chilling reminder of how a few clicks



Transportation Safety Board investigators Dan Di Tota, right, and Robert Johnston speak to reporters about their investigation into the Sept. 18, 2013, OC Transpo-VIA Rail crash. JOE LOFARO/METRO

over the speed limit can dramatically alter a vehicle's ability to stop in an emergency.

The TSB's report also found that at 8:48:01 a.m. the driver was intermittently glancing at a video monitor of the upper level while watching the road.

The monitors allow bus drivers to see if the passengers above are seated.

In the next five seconds that followed, passengers yelled at the driver to stop; the driver applied the brakes,

but without full force; the speed of the bus was reduced to 7.7 km/h, and then it collided with the train, according to TSB calculations.

Johnston warned that it's too soon to draw conclusions from these two "significant" issues, because the investigation is not finished.

"From our experience, it's seldom just one or two things that contribute to an accident, and we're quite certain there's going to be a number of other factors that we're going to have to evalu-

ate," said Johnston.

The TSB said the brakes were fully operational and toxicology tests of the driver's body ruled out alcohol and drugs as factors in the collision.

Going forward, investigators will complete a crash-worthiness assessment of the bus and analyze other factors that would influence driver behaviour.

"There's still a lot of work that we have to do to put everything together," said Johnston.

OC Transpo to enforce Transitway speed limits



OC Transpo general manager John Manconi speaks at an afternoon press conference after the TSB update Wednesday. JOE LOFARO/METRO

The city said Wednesday it will immediately deploy a traffic enforcement team to monitor and enforce speed limits on the transitway in light of the TSB revelation that the bus was speeding prior to the collision.

The new safety measure was among others announced by deputy city manager Steve Kanellakos and OC Transpo general manager John Manconi at an afternoon press conference following the TSB update.

The Transitway Enforcement Unit will be made up of special constables and supervisors. The team will be at random locations along the bus network; however, "special attention" will be paid to the area of the crash at the Woodroffe and Fal-lowfield Transitway and level crossing, said Manconi.

Manconi said the city will not rush to have the on-bus

video monitors disabled while the buses are driving forward.

"You don't do knee-jerk reactions to these things," said Manconi. "I can't sit here and say I'm going to turn those monitors off because that's not what was recommended by the TSB."

He said he will reach out to Alexander Dennis Ltd., the manufacturer of the double-decker buses, to explore possible changes to the devices.

Kanellakos also announced that information labels would be installed on the upper levels of double-decker buses informing passengers that standing is not permitted.

Officials said staff will review standard operating procedures surrounding the bus operator's responsibility to ensure passengers are seated on the upper level. JOE LOFARO/METRO

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Local medical pot producer hopes to clear the smoke

Cannabis company.
Ottawa business hopes to change perception on prescription marijuana

A new medical marijuana production facility is trying to prove to Canadian health officials that prescription pot does work for patients with chronic illness.

The Ottawa-based commercial growing company Vida Cannabis has yet to be approved for selling, but already they are lining up some of the country's top horticulturists, doctors, scientists and security experts to run their Nova Scotia grow facility.

The idea behind the busi-

ness is a research-based approach to treating patients with ailments like multiple sclerosis, epilepsy and cancer, while also conducting scientific research on the drug and how it works against certain illnesses.

"Patients are trying to understand and need education on which strains are best for their particular ailment," said Vida CEO Greg Wilson.

"Vida again will be a leader in providing that type of clarity so that they can make the most informed decision as to what strain is best."

Since Health Canada changed its medical marijuana program to make doctors the gatekeepers of pot prescriptions, the College of Physicians and Surgeons have been "significantly concerned," as doc-

tors have little data to rely on when prescribing the plant.

Wilson hopes to change that when he brings together North America's leading cannabinoid research scientist, Pritesh Kumar, and Canada's top drug cop, Derek Ogden, who retired as the RCMP's director general of drugs and organized crime after 27 years on the beat.

"What they are looking for is education, they are looking for efficacy," added Wilson.

"They are looking for research-based clinical studies that support medical marijuana and its use for various ailments."

The company has also teamed up with a Florida-based cannabis producer AltMed to collaborate on clinical research and quality assurance.



Vida Cannabis, a 315,000-square-foot medical marijuana grow facility in Nova Scotia, is still under construction.

CONTRIBUTED

"Quality will win. By quality, I mean purity, consistency and effectiveness," said Wilson.

"This is a medicine and we are taking a pharmaceutical

grade approach to producing this medicine."

The company is still in the stages of getting its 315,000-square-foot facility in

Stellarton, N.S., approved. Wilson couldn't give a time frame for when they could start serving patients.

TREVOR GREENWAY/METRO

Canadian Tire Centre unveils new smoking policy



The Canadian Tire Centre has unveiled a new smoking policy.

TREVOR GREENWAY/METRO

Smokers looking to dart out at hockey games may get locked in flavour country.

That is, if they light up after the puck drops in the third period at Senators games.

The Canadian Tire Centre (CTC) unveiled a new smoking policy Wednesday and anyone who leaves their seat to smoke outside after the third period starts will be locked outside.

The move is to "enhance the guest experience" for hockey fans in Ottawa, says CTC vice-president Tom Conroy, adding that the arena has fielded several complaints about the amount of foot traffic moving through the arena bowl in the final frame of a game.

But it's also to cut down on parking lot drinkers and booze smugglers trying to sneak alco-

hol or "the odd narcotic" past the gate.

"It's no secret that people come and they might stash a six-pack in the back of their car and go outside and have a few pops while they are out having a smoke," said Conroy. "We are trying to eliminate that."

Conroy added that another major reason for the new smoking rules is so that staff

can solely focus on getting people out of the building, rather than "trying to scan people back in with five minutes to go in the third period." The arena initiated the same policy for its live events back in January.

The arena is also cracking down on oversized bags with a new policy that limits any bags larger than 12 inches by six

inches by 12 inches from being allowed inside. The move is targeting backpacks, said Conroy, as "they are big, they have lots of pockets, they take a long time to search."

The new policies go into effect Wednesday night when the Senators host the Toronto Maple Leafs for a pre-season dust-up.

TREVOR GREENWAY/METRO

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CHEO

Illness leads to hospital restrictions

CHEO is restricting visitors in its 4 East unit to just parents and guardians after a hospital-associated respiratory illness spread to three patients.

The hospital announced "extra precautions" Wednesday, which include extra cleaning staff and reduced staff movement between units. The hospital also closed the kids' playroom and other shared spaces to prevent further spread of the infection. The hospital currently has 25 patients admitted with respiratory illnesses, but have found no new cases of Enterovirus D68 strain.

TREVOR GREENWAY/METRO

Fan Fest

An event made for major hockey fans

It's a must-attend event for any major hockey fan in Ottawa, as more than 50 NHL players, prospects and Ottawa Senators alumni will be on hand for the team's annual Fan Fest Saturday.

Hockey fans will get to watch the Ottawa Senators practise, get an autograph signed by their favourite players and watch an intra-squad game with some of the Sens' most exciting future prospects.

The day all begins with a pancake breakfast at 8:30 a.m. followed by a day of hockey activities. Tickets are \$10.

TREVOR GREENWAY/METRO

Roundtable

Carleton professors to discuss Ebola

Professors at Carleton University are gathering for a roundtable discussion on the Ebola outbreak that's sweeping its way through West Africa.

Three panellists from the school's international affairs, journalism and interdisciplinary studies departments are hosting the event Sept. 29 as part of Carleton University's African Flashpoints Series, which brings together experts to discuss socio-economic issues in Africa.

The roundtable starts at 9 a.m.

TREVOR GREENWAY/METRO

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Canadian Folk Music Awards capture 'broad rainbow' of our nation's talent

Now in its 10th year.

Local musicians Jill Zmud and Amanda Rheume are both up for some hardware

Jill Zmud's voice rang out pretty and clear inside the Folk Music Ontario headquarters, a musical sunbeam piercing the grey September morning that greeted the announcement of the 2014 Canadian Folk Music Awards (CMFA).

Zmud is one of two local singers nominated this year.

"I'm very honoured to be part of the celebration in the first place, so to hear that the album is up for contemporary album is a huge treat," said Zmud. "I made this album while I was pregnant and doing all sorts of stuff, so it feels like an extra special achievement for sure."

Amanda Rheume, the other local musician nominated for an award, is up for aboriginal songwriter of the year for *Keep a Fire*, but she'll have some tough competition from a rival nominee and 2014 Polaris prize winner, Inuit throat singer Tanya Tagaq, whose performance at the Polaris awards Monday night electrified the crowd.

The nominees are a who's who of the Canadian music scene — one that increasingly seems to be embracing folk and world music as part of the mainstream.

"There's no question that folk music just seeps into everything," said Arthur McGregor, the proprietor of the Ottawa Folklore Centre and a member



Ottawa musician Jill Zmud sings at the announcement of the CMFA nominees as CMFA organizing committee member Rob Soucy watches. SEAN MCKIBBON/METRO

of the Canadian Folk Music Awards organizing committee. "Folk music is the grassroots music that everybody starts with and at some point everybody goes back to. We're seeing more banjo, more autoharp, more acoustic guitars, more mandolins, more hand drums — all of this kind of stuff is being introduced into music of all kinds."

McGregor said the fact the nominees include a range of new, young musicians and well-known names in the industry means the awards (now in their

10th year) are "still capturing the broad rainbow of folk music across Canada."

The very first CMFA show was in Gatineau at the Museum of Civilization. This year the awards are being held at the Bronson Centre.

The CFMA weekend runs Nov. 27 to 29, culminating in the bilingual gala awards presentation at the Bronson Centre in Ottawa. The gala will be hosted by the CBC's Shelagh Rogers and musician Benoit Bourque of La Bottine Souriante.

SEAN MCKIBBON/METRO

From the basement to the gala

Jill Zmud's CFMA-nominated album, *Small Matters of Life and Death*, was inspired by her late uncle Eddy Clynton, a musician in the '60s and '70s. Zmud happened upon some of his reel-to-reel tapes in her parents' basement.

- "They were really great covers that he had done — folk, kind of country stuff. I fell in love with his songs," she

said. "So I covered two of his songs on the album and that just started making me think about the connections that we have to people who have passed before us. And a few years ago my dad passed away as well, so the whole album examines questions of missing those that we love and thinking about those that we haven't met that we are connected to."

Nomination highlights

- Aboriginal songwriter of the year:** Tanya Tagaq for *Animism* (Tanya Tagaq); Vince Fontaine for *Colors* (Indian City); Amanda Rheume for *Keep a Fire* (Amanda Rheume); Buffy MacNeil and Larry Boutilier for *Surrounded* (Buffy Larry); Jasmine Netsena for *Take You With Me* (Jasmine Netsena)
- Contemporary album of the year:** The Bros. Landreth for *Let It Lie*; Colleen Rennison for *See the Sky About to Rain*; Jill Zmud for *Small Matters of Life and Death*; Matt Andersen for *Weightless*; The Strumbellas for *We Still Move on Dance Floors*
- Traditional album of the year:** Còig for *Five Poor Angus for Gathering*; Moustafa Kouyaté Romain Malagnoux for *Les Frontières Imaginaires*; The High Bar Gang for *Lost and Undone*; A Gospel Bluegrass Companion; Sarah Jane Scouten for *The Cape*
- Contemporary singer of the year:** Matthew Barber for *Big Romance*; Jadea Kelly for *Clover*; James Keelaghan for *History*; Del Barber for *Prairieography*; Matt Andersen for *Weightless*

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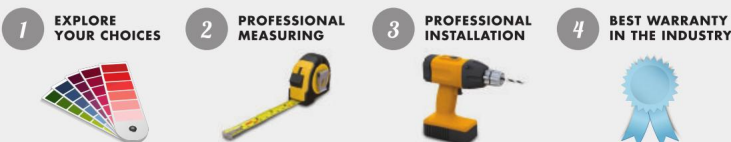
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More court documents relating to Toronto Mayor Rob Ford, seen here in April, were released Wednesday and are anchored by two apparent interviews Toronto police had with the mayor's sister, Kathy Ford. GEOFF ROBINS/AFP/GETTY IMAGES FILE

Police files detail night of 2nd video

Project Brazen 2.
New police documents recount the night the alleged second crack video was shot, suspect's phone sought

Newly released documents show Rob Ford's sister told police the Toronto mayor was smoking crack cocaine with her in late April in the company of a drug dealer and a friend of Ford's who is facing criminal charges.

The documents, filed with a court by police to obtain a search warrant, say Kathy Ford was interviewed by investigators after reports surfaced last May of a second video allegedly showing the mayor smoking crack.

Police say Kathy Ford told them her brother arrived at her house "intoxicated" but not "high," and that he was drinking and play-fighting with Alexander Lisi, who was never hurt. Ford also told police a man named Michael "Jugga" James sold drugs to her and her brother.

Released Wednesday by a

judge, the documents indicate that police believe the second video was recorded April 26 by James, leading police to request a search warrant for three cellphones belonging to James, believing they will find video and audio that may provide evidence of drug possession by Ford and both drug trafficking and drug possession by James.

The allegations stem from Project Brazen 2, a police investigation surrounding the Toronto mayor, and have not been proven in court.

THE CANADIAN PRESS

Inadmissible evidence

G20 cop acquitted of wrongdoing

A police officer convicted of one assault related to the violence-marred G20 summit in Toronto four years ago was acquitted Wednesday in a second case because the only evidence against him was ruled inadmissible.

As a result, the prosecution presented no evidence against Const. Babak Andalib-Goortani, who was charged with using a weapon to assault a blogger. The constable still faces internal misconduct hearings for using excessive force against the protester. **THE CANADIAN PRESS**

Surrey, B.C. Ex-convict accused of killing teen had worried about reoffending

Documents reveal that a man accused of killing a 17-year-old British Columbia girl told a parole board in 2008 that he was worried he would harm someone else if he was ever released from prison.

Just months before Raymond Caissie's sentence was complete, in March 2013 a parole board refused to release him, saying he was of moderate to high risk to reoffend violently and sexually.

Documents dating back eight years show Caissie,

who's now 43 years old, told the board that he was afraid of returning to society because he didn't have the skills to live on his own, had never held a job and worried about harming someone.

After serving a 22-year sentence for sexually assaulting a woman in Abbotsford, B.C., he was released in June 2013.

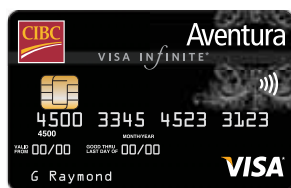
He now faces a second-degree murder charge in the death of Serena Vermeersch, 17, whose body was found last week in Surrey, B.C.

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Double life: When Holly met Holly

'Email doppelgangers.'

Two women — one Canadian and one American — share a name and, as it turns out, much more



MIKE DONACHIE
Metro in London, Ont.

They have the same name. They're the same age. They're both gay. They have the same creative passion. They're both poets, and there's something profound in their story.

Meet Holly Painter, 29, and, er, Holly Painter, 29, the unconnected women who have spookily similar lives.

They call themselves "email doppelgangers" because they get each other's messages. They have similar website addresses. People confuse them, even in face-to-face interactions, and it got so weird that eventually the pair met to have a laugh



American Holly Painter, left, and Canadian Holly Painter are "email doppelgangers." MIKE DONACHIE/METRO IN LONDON, ONT.

about it.

The two women are from opposite sides of the U.S.-Canada border, but, meeting Wednesday, they chatted like old friends and even finished each other's sentences.

Here's how it all started. "One of my friends said

he really loved my poem on female genital mutilation," said the American Painter, who's from Detroit but lives in Singapore. "Um, what? That's not the sort of thing you forget writing about. So I went and looked around and I found Holly."

The pair met for the first time over breakfast in London, Ont., where the Canadian Painter lives. Her counterpart was passing through on a research trip for a book she's writing.

During their chat, the American Painter tells of

Quoted

"What struck me is the fact that technology is this connecting tool." The Canadian Holly Painter

an encounter with someone who complimented her on a stage performance she never gave. It turned out to have been the Canadian Painter. That's even weirder because, whatever the similarities, the women don't look alike.

But, even as they talk, they find more things they share. Each volunteers with kids. Each has a younger brother. Each has a day job in publishing. They talk over one another's laughter as the matches are made.

"I guess it's a little surreal," says the Canadian Painter. "I suppose it's not totally surprising that someone has the same name ..."

"... but all the other similarities as well, it's a bit bizarre," her doppelganger finishes.

They don't even notice how closely meshed their speech patterns are, until

it's pointed out.


"What struck me," continues the Canadian Painter, "is the fact that technology is this connecting tool."

"We're poets as well, so poetry for me is a way to connect to other people. Generally, I would do that in person, but we were able to find each other online."

And the two friends have made a decision. There's no alternative: They have to make poetry together.

"I was thinking there must be other people out there who are email doppelgangers," the Canadian Painter explains. "I was thinking, there must be something else I can do to get a poetry project in the works."

At least we know their names will rhyme. It doesn't get quainter than two Holly Painters.



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N.S. man charged with breaching publication ban in sex-assault case

Lyle Howe case. Post on Facebook allegedly included the name of the woman lawyer was convicted of assaulting



RUTH DAVENPORT
Metro in Halifax

Charges have been laid in connection with a Facebook post that allegedly breached a publication ban in a recent Halifax sex-assault case.

Police said Wednesday that a 62-year-old Dartmouth, N.S., man was served with a notice to appear in court in connection with a post that included the name of the young woman that the accused, Halifax lawyer Lyle Howe, has been convicted of assaulting.

"There are orders issued

Quoted

"If a publication ban is in effect you don't name the victim, period."

Halifax resident Nicole Pettipas, who filed a complaint with police about the alleged breach

by the court for protection of the victims, of their name and identity," said Const. Pierre Bourdages. "Unfortunately an individual decided that they would post the information even though there was a publication ban."

The post in question appeared in a support group for Howe shortly after he was sentenced in late July to three years in prison for sexual assault.

"It was my hope that ... through our efforts as a support group, we would prove Lyle's innocence," reads the

post, which was reproduced in screenshots on Reddit and Twitter — with the complainant's name redacted. "That his one-nite fling with (the complainant) was consensual ... and that Lyle would be vindicated."

Howe testified during his trial that he'd had consensual sex with the victim after an evening of drinking in 2011, but the Crown argued that the woman was too impaired to provide consent. Howe is appealing his conviction.

Bourdages said police launched an investigation into the alleged breach after receiving several complaints about it.

Halifax resident Nicole Pettipas filed one of those complaints, saying Wednesday she was impressed with how seriously police investigators took the issue — and "really pleased" to see charges laid.

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FDA chief blamed for painkiller crisis

Anti-addiction activists are calling for the U.S. Food and Drug Administration's top official to step down, saying the agency's policies have contributed to a national epidemic of prescription painkiller abuse.

In a letter released Wednesday, more than a dozen groups ask the Obama administration's top health official to replace FDA Commissioner Dr. Margaret Hamburg, who

has led the agency since 2009. The FDA has been under fire from public health advocates, politicians and law enforcement officials since last October, when it approved a powerful new painkiller called Zohydro against the recommendation of its own medical advisers.

Deaths linked to the addictive medications, including OxyContin and Vicodin, have more than tripled over

the last 20 years to an estimated 17,000 in 2011, the most recent year for which the Centers for Disease Control and Prevention reports figures.

The CDC has called on doctors to limit their use of the medications to the most serious cases of pain, such as cancer patients and end-of-life care. But the vast majority of prescriptions written in the U.S. are for more com-

mon ailments like arthritis and back pain. Hamburg has supported broad use of the drugs, noting that 100 million Americans reportedly suffer from chronic pain.

The letter appears timed to generate interest in a rally scheduled for Sept. 28. The organizers plan to gather on the national mall and march to the White House to raise awareness of the opioid epidemic. **THE ASSOCIATED PRESS**

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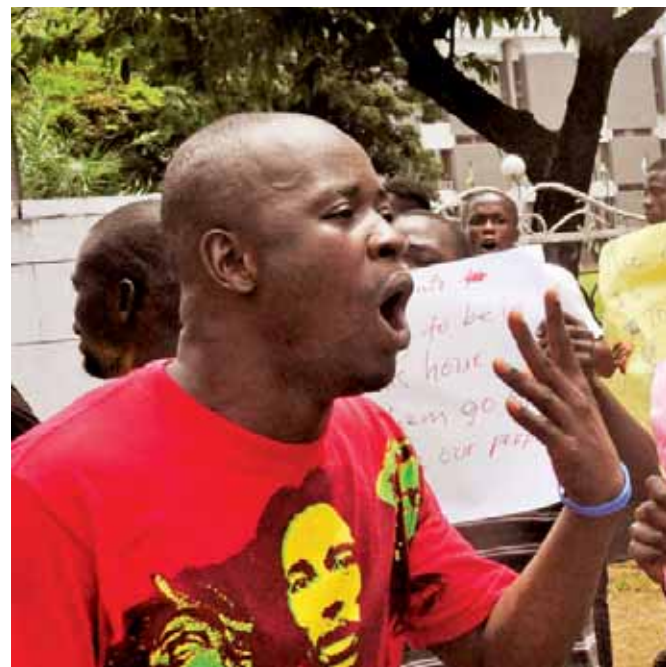
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People protest Tuesday outside the parliament building in Monrovia, Liberia, in hopes health officials calculate as many as 1.4 million people could be sickened by the disease

Ebola could in W.Africa,

**5,800 ill, 2,800 dead
in last six months.**

Crisis likely far worse
with relatives hiding
corpses and infected
people, experts say

Vaccine

The World Health Organization says a vaccine might be available in large enough quantities by the end of the year to help control West Africa's Ebola outbreak.

- There is currently no licensed treatment or vaccine for Ebola, although scientists are testing two vaccines.

U.S. health officials Tuesday laid out worst-case and best-case scenarios for the Ebola epidemic in West Africa, warning that the number of infected people could explode to at least 1.4 million by mid-January — or peak well below that, if efforts to control the outbreak are ramped up.

The widely varying projections by the Centers for Disease Control and Prevention were based on conditions in late August and do not take into account a recent international surge in medical aid for the stricken region. That burst has given health authorities reason for some optimism.

"I'm confident the most dire projections are not going to come to pass," CDC chief Dr. Tom Frieden said in releasing the report.

The CDC estimated that the real number of cases, reported and unreported, could reach 21,000 by Sept. 30 in just two of the hardest-hit countries, Liberia and Sierra Leone.

But the CDC also said that

the epidemic in both countries could be almost ended by Jan. 20, by aggressively isolating the sick, either in hospitals or at home, and by taking steps to reduce the spread of the disease during burials. "A surge now can break the back of the epidemic," Frieden said.

The CDC did not give an estimate of how many Ebola cases overall could be expected under the best-case scenario. But it said the number of new cases per day could be fewer than 300 by mid-January, instead of the thousands feared under the grimmer projections.

The World Health Organization released its own estimates Tuesday, also warning that cases could soar dramatically. The UN agency, whose estimates were published online by the New England Journal of Medicine, said 21,000 people could be in-



of pushing their government to help their communities during the Ebola crisis. U.S. in two West Africa countries alone by mid-January. ABBAS DULLEH/THE ASSOCIATED PRESS

infect 1.4M U.S. warns

ected in Guinea, Liberia and Sierra Leone by early November.

WHO said the death rate has been about 70 per cent among hospitalized patients.

Sierra Leone on Sunday completed a three-day lockdown in what was believed to be the most dramatic disease-control measure taken since the plague was ravaging Europe in the Middle Ages. The nation's president said it was so successful that a second one is being considered.

In an indication that the crisis is worse than the official numbers suggest, health teams that went door-to-door in Sierra Leone identified 130 confirmed cases of Ebola and 70 suspected cases. In addition, 92 bodies were found, though it was not clear how many had Ebola.

The CDC's worst-case numbers seem "somewhat pessimistic" and flawed for not accounting for the infection-control efforts already underway, said Dr. Richard Wenzel, who formerly led the International Society for Infectious Diseases.

Another outside expert questioned WHO's projections and said Ebola's spread would ultimately be slowed not only by containment measures but by changes in people's behaviour.

"Ebola outbreaks usually end when people stop touching the sick," said Dr. Armand Sprecher, an infectious-disease specialist at Doctors Without Borders.

THE ASSOCIATED PRESS

Guinea

Red Cross burial team attacked

A Red Cross team was attacked while collecting bodies believed to be infected with Ebola in southeastern Guinea, the latest in a string of assaults that are hindering efforts to control West Africa's current outbreak.

One Red Cross worker is recovering after being wounded in the neck in Tuesday's attack in Forecariah.

Family members of the dead initially set upon the six volunteers and vandalized their cars, said Mariam Barry, a resident. Eventually a crowd went to the regional health office, where they threw rocks at the building.

The attack is the most recent in a series that have plagued teams working to bury bodies safely, provide information about Ebola and disinfect public places. The most shocking was the abduction and killing last week in Guinea of eight health workers educating people about Ebola and the journalists accompanying them.

THE ASSOCIATED PRESS

P.E.I.

Syphilis cases on the rise, health chief warns

P.E.I.'s chief public health officer says there's been a spike in syphilis cases in recent weeks.

Dr. Heather Morrison says anyone who is at risk and experiencing symptoms of syphilis — including a painless ulcer, rash

or fever — should seek medical care and abstain from unprotected sex.

Syphilis is primarily a sexually transmitted infection caused by a bacteria that can lead to heart and brain complications if left untreated with antibiotics.

Other symptoms include swollen or enlarged lymph nodes, headaches, hair loss, inflammation of the eye and generally feeling unwell. **THE CANADIAN PRESS**

Stanford University

Study finds clues to how fast or slow patients recover

One of the big frustrations of surgery: There's little way to know if you'll be a fast or slow healer, someone who feels back to normal in a week or is out of work for a month with lingering pain and fatigue.

Now Stanford University

researchers have discovered that right after surgery, patients' blood harbours clues about how fast they'll bounce back — and it has to do with the activity of certain immune cells that play a key role in healing.

The ultimate goal of the research is to create a simple blood test to predict who'll need more care after surgery, or maybe even if an operation is the best choice. **THE ASSOCIATED PRESS**

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2011

U.S. asks Canada for more help in Middle East

New possible military engagement. Harper declines to offer details

Prime Minister Stephen Harper says Canada will soon be weighing the possibility of an extended military role in the Middle East.

Harper said he has just recently received a request from the U.S. government for further Canadian involvement in the fight against Islamist rebels.

"We have to have some additional debate within our government," he said Wednesday during a question-and-answer session in New York before an audience of U.S. business leaders.

"The government of Canada will make a decision on that



Prime Minister Stephen Harper takes part in a question-and-answer session at Goldman Sachs in New York Wednesday.

SEAN KILPATRICK/THE CANADIAN PRESS

very shortly."

When pressed about the possible new engagement, Harper declined to offer details because the U.S. government "didn't make the letter public."

But he did say the world can't allow terrorists to gain

safe havens like the one that has developed in eastern Syria and western Iraq.

Wednesday's conversation with the Wall Street Journal's editor-in-chief also delved into some of the sociological aspects of the fight against the al-Qaida splinter group known as the Islamic State of Iraq and al-Sham (ISIS). Some of the terrorists who carry Western passports can hardly be called Muslims; some of them apparently don't even attend mosque, Harper said. He also suggested that Middle Eastern hostility to the West is nothing new. Harper said there's been a constituency for that since the Crusades.

At that point the editor-in-chief, Gerard Baker, interjected: "Of course, they had a point, during the Crusades."

THE CANADIAN PRESS



Burak Yilmaz, a Turkish police officer, 26, carries a Kurdish refugee boy as thousands of Syrian refugees enter Turkey at Yumurtalik crossing gate near Suruc Tuesday. Scan the photo with your Metro News app to see a photo gallery of refugees entering Turkey in search of safety. BURHAN OZBILICI/THE ASSOCIATED PRESS

Refugee campaign. UN chief calls on leaders to help

The United Nations chief called for world leaders Wednesday to join the international campaign to ease the plight of nearly unprecedented numbers of refugees, the displaced and victims of violence in a world wracked by wars and the swift-spreading and deadly

Ebola epidemic.

Secretary-General Ban Ki-moon said leaders must find "seeds of hope" in the turmoil and despair of a world that may seem like it's falling apart with people crying out for protection from greed and inequality. THE ASSOCIATED PRESS

Alberta

Group warns that ISIS is recruiting Somali youths

The leader of a Somali group has written to the prime minister warning that young people in Alberta are being recruited to become fighters for the radical group the Islamic State of Iraq and al-Sham (ISIS). In his letter, Mahamad Accord says he has solid sources who say youths from the Somali community have signed up to become terrorist soldiers. THE CANADIAN PRESS

Algeria

Extremists behead French hostage

Algerian extremists allied with the Islamic State of Iraq and al-Sham (ISIS) have decapitated a French hostage after France carried out airstrikes in Iraq, according to a video that appeared online Wednesday. French President Francois Hollande condemned the killing.

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Clare Beckton, B.A., LL.B (Sask.), MPA (Harvard)
Executive Director, Centre for Women in Politics and Public Leadership, Carleton University; Chair of the Board of Directors, Queen'sway Carleton Hospital; Former Deputy Head, Status of Women Canada; Former Assistant Deputy Attorney General Aboriginal Affairs, Justice Canada; Recognized as one of Canada's Top 100 Most Powerful Women.

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Pest pink cassava mealybugs are shown in a laboratory at Bogor Agricultural University in Indonesia on Wednesday. TATAN SYUFLANA/THE ASSOCIATED PRESS

3,000 wasps released to protect crops in Indonesia

Parasitic wasp, meet mealybug. Scientists move to protect cassava crops from mealybug infestation

They are the size of a pinhead and don't even pack a sting, but these tiny wasps are cold-blooded killers nonetheless. They work as nature's SWAT team, neutralizing a pest that threatens to destroy one of the developing world's most important staple foods: cassava.

On Wednesday, scientists put 3,000 wasps into a secure tent-like habitat in a mealybug-affected field in Bogor, Indonesia. They will be monitored to see how well they handle local conditions as they multiply to an expected 450,000 within a month. Once a permit is obtained, the wasps can be

Pest control precedent

Thailand isn't the first country to use parasitic wasps to protect crucial cassava crops.

- **Pest control.** Africa, Laos, Cambodia and Vietnam have also used the wasps in the past.
- **Invaluable crop.** Cassava is used to make tapioca, livestock feed, noodles, crackers and cakes, and is a key ingredient in lipstick, artificial sweeteners, paint and glucose IV drips.

released into the wild to start a relentless killing spree.

The parasitic wasps need the mealybug to survive. Females lay their eggs inside the insect and as the larvae grow, they eat the bug from the inside out.

THE ASSOCIATED PRESS

Edward Snowden

U.S. fugitive receives human rights award

Edward Snowden was among the winners Wednesday of a Swedish human rights award, sometimes referred to as the "alternative Nobel," for his disclosures of top-secret surveillance programs.

THE ASSOCIATED PRESS

Improving education

Clinton makes \$600M pledge to young girls

Hillary Rodham Clinton announced a \$600-million effort Wednesday to enrol girls in secondary schools around the globe, aiming to address security and access problems in the developing world.

THE ASSOCIATED PRESS



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Wish you could get groceries at a drive-thru?

Well, stop wishing.

Loblaw will test a program that lets customers buy items online, then have them loaded into their cars outside grocery stores

Loblaw Companies Ltd. is preparing to pilot a grocery click-and-collect program, which will allow shoppers to order online and pick up their completed order at stores.

A Loblaw's store in Richmond Hill, Ont., has been set up with a bright orange click-and-collect area that includes assigned parking. Customers will be able to have the groceries they chose and paid for online loaded into their vehicles.

Loblaws announced earlier this year that it would pilot a click-and-collect program,

but provided few details. A company spokesperson declined to elaborate on Tuesday, although he did confirm that Richmond Hill will be the first location to offer the new service.

"The service is not yet available to the public, but we're excited by the prospect of offering busy customers another option to complete their shopping, saving considerable time in the process," said Loblaw spokesperson Kevin Groh.

While click-and-collect is not well-known in Canada, the service is widely used in Europe and at some stores in the U.S., to service time-starved customers who don't have time to shop themselves.

In France, one in five shoppers report having used click-and-collect services from grocery chains, according to Canadian Grocer editor Rob Gerlsbeck. **TORSTAR NEWS SERVICE**



Will we show our true patriot love for BlackBerry's Passport?

A journalist compares the new BlackBerry Passport device, right, to an existing Android device at the Passport's launch in Toronto on Wednesday. Whether you love BlackBerry or hate it, the Canadian smartphone maker is banking on its new Passport device to help reshape perception of the company in a highly competitive market. "We are determined to win back the Canadian home crowd," chief executive John Chen told the audience at the Toronto launch event on Wednesday. "If you guys don't support us, then you've got some problems," he joked. **CHRIS YOUNG/THE CANADIAN PRESS**

Let it go, let it go ...

Will Mattel let it go that Hasbro will make Frozen dolls?

The toy wars just got a bit colder thanks to Disney's Frozen, with Hasbro wrestling the rights for dolls from the hit movie away from rival Mattel. Hasbro Inc. announced that its new deal with Disney Consumer Products will give it global rights (with the exception of Japan) to develop dolls based on Frozen. **THE ASSOCIATED PRESS**

Market Minute



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Report. U.S. treasury dept. still approving 'excessive' raises for GM executives

The U.S. Treasury Department has continued to approve "excessive" pay raises for top executives at General Motors and its former consumer finance arm, both of which received taxpayer-funded bailouts during the financial crisis, a new government report says.

The government watchdog that oversees the \$475-billion US bailout said Treasury approved cash salaries exceeding \$500,000 last year for 16 of the

47 top executives at General Motors Corp. and Ally Financial Inc. Treasury allowed total pay packages, including company stock, of at least \$1 million for every top executive at the two companies, according to the report released Wednesday by the special inspector general for the Troubled Asset Relief Program.

It said the government approved \$3 million in pay raises for nine GM executives.

THE ASSOCIATED PRESS

Sanctions. Canada is tough on Russia, but not when it comes to oil

For all its much-touted toughness in imposing economic sanctions against Russia, Canada has been significantly more timid against one particular target: the oil industry.

A database of sanctions compiled by The Canadian Press suggests Canada has been almost three times less likely to penalize Russian oil companies than the United States.

The Harper government has imposed economic penalties

against five Russian oil companies, compared to 13 firms targeted in that same sector by the U.S.

That's despite the fact that in its vast array of more than 175 sanctions targets, Canada has been as tough as the U.S. — if not tougher — on other segments of Russian society, including private citizens, the defence industry, mining, and financial-services companies.

THE CANADIAN PRESS

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GAME ON! THE FIVE STORYLINES OF '14-'15

The NHL is back after its traditional 12-day hiatus, and this season promises 353 days of excitement!

Will the Toronto Maple Leafs be terrible, or worse than that? Can the NHL's near-destitute players get by after a decade under the salary cap? And which lucky ticket holder will be the "100th fan" in Florida Panthers' history? With so much going on it seems like there's dozens of storylines in the 2014-15 season. But, no, there are five.

1. NHL to test rule banning players from crushing opponents' skulls:

As it's picked up speed, hockey's had an alarming tendency to bend players' craniums like so many iPhone 6s. But this year new rules will ... Oh, nope, sorry, I've just learned the rules won't change because violence is "part of the game." What they've banned instead is the penalty-shot spin-o-rama, because that was fun, thereby contravening the terms of the collective bargaining agreement.



HE SAYS
John Mazerolle
metronews.ca

2. Gary Bettman sets goal to learn offside rule:

NHL commissioner Bettman has had his successes, yet his small-town charisma has never caught on with fans. Bettman says he's always loved the game, though, which is why this year his goal is to learn the rules. "The NHL is so fast, which is why I've never been able to figure out how the offside thing goes," he said. Bettman also said he hopes to stay to the very end of a game this year, provided traffic isn't bad.

3. Analytics debate to be settled in big game

between jocks and nerds: Everybody's got an opinion about "fancy stats," the popular analytics that measure things like shot attempts. Anti-fancies say the only important stat is the score, while pro-fancies look at the ice and see *The Matrix*, or the motorbike scene from *TRON*. Regardless, it will all be settled on the big, frozen lake near the tracks when The Nerds play The Jocks to settle this once and for all. Could it be the

one thing they forgot to measure was their love for the game?

4. Stanley Cup to stay in the U.S. Given the expense of ferrying the Stanley Cup between Canada's Hockey Hall of Fame and whichever American team has won it this season, the league's GMs agreed this summer that the cup will stay in America "where it belongs" until Canada can actually win the thing.

5. Given the major violence, steroid and racism scandals that have plagued the other major North American sports, **Gary Bettman has promised that all the NHL's scandals will remain solidly on the playing surface.** "Whether it's brutal violence, homophobic remarks or flagrant cheating, I can assure you that the NHL will keep these tactics on the ice where they belong," he said. Bettman added that, despite the scandals, everybody is involved in sports for the same reason: to make as much money as humanly possible.

Game on!

If only you'd practised at your Lego a bit more ...



A Lego sculpture at the Art of Brick exhibition. Created from a million Lego bricks, the exhibit runs until January 2015. PETER MACDIARMID/GETTY IMAGES

The Art of the Brick exhibit created using a million blocks

The Art of the Brick exhibition has travelled the world showcasing artist Nathan Sawaya's Lego creations. On Friday it opens to the public in London, England.

There are more than 80 works in the exhibition that span Sawaya's entire career as a full-

time artist working in Lego, which he embarked upon following a previous career as a lawyer.

Sawaya has now been creating Lego artworks for seven years, although Lego has been a passion for him since the age of five.

His first large build was a sculpture of a dog he created when he was 10 after his parents refused to buy him a pet pooch.

Sections of the exhibition include Sawaya's oversized 3D

Homage

To celebrate its London arrival, the exhibition has a section dedicated to English culture.

- Among the British artifacts on show are a red tele-

phone box, a "Keep calm and build on" poster and two bands that showcase the best of British music in the past and today, in the form of The Beatles and — ahem — One Direction.

portraits of popular and recognizable artworks including Hokusai's *The Great Wave off Kanagawa* and Edvard Munch's *The Scream*. Two sections entitled

The Human Condition and *Human Expressions* contain more original artwork featuring sculptures involving the human form. **WIRED.CO.UK**

MetroTube



More interspecies love

ANDREW FIFIELD
andrew.fifield@metronews.ca

The video for Knock Knock is likely going to be your first experience with Ukrainian band Blondes Shoot Brunettes, but it'll be a memorable one. The song itself is standard coffee shop balladry, so, you know, *shrug*. But the video, which syncs the screens of more than a dozen cellphones, tablets and laptops to tell an interspecies love story, is a delight. (Brunettes Shoot Blondes/YouTube)



GETTY IMAGES FILE

Twitter

@metropicks asked: A complete car body printed out of thermoplastic and carbon fibre was recently shown off at a trade show in Chicago. If you could make anything at all using a 3D printer, what would it be?

@Canucklehead_ca: Anyone who doesn't answer 'another 3D printer' hasn't actually thought this through & is quite frankly wasting everybody's time.

Join the conversation @metropicks



SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 18 in News, page 26 in Life and page 30 in Sports.

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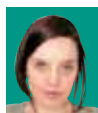


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2 SCENE

Take a trip with your taste buds as food trucks rally for a cause

Truck Rally. More than a dozen local food vendors will battle each other at fundraising event



BACKSTAGE PASS
Jen Traplin
ottawa@metronews.ca

This weekend, take your palate on a culinary trip around the world at the second annual Ottawa Food Truck Rally, which brings together more than a dozen local food trucks and carts for an evening of tasting.

Rally founder Sharif Virani says one of the reasons he wanted to start the event is because not everyone can afford to travel.

"One of the best ways to experience different cultures is through the food, particularly street food," he says.

He also wanted to include a local beneficiary, so, like last year, proceeds will go toward launching a culinary arts scholarship program through the Ottawa Community Housing Foundation.

"There are 32,000 tenants of Ottawa community housing across the city. We're working with them to achieve personal success, and one of those areas is education," says Wendy Mitchell, executive director of the foundation.

"There is a reason why we



Marlene Haley of The Merry Dairy and comedian Greg Houston are gearing up for Saturday's second annual Ottawa Food Truck Rally. CONTRIBUTED

partnered with the Ottawa Community Housing Foundation — they're all about community and family, and that just fits with the vibe for the Ottawa Food Truck Rally," explains Virani.

There is also a competitive aspect to the rally: Each vendor will be battling for the title of best small plate and best truck design, as voted by customers and a panel of judges.

Tarek Hassan, owner of Gongfu Bao, a popular food

cart in Confederation Park and winner of best small plate at last year's rally, says the competition is just one of the reasons he's coming back this year.

"There's exposure, there's community building ... just generally promoting street food in the city," he says. "For someone to be able to come out and see all the different vendors and get an idea of the assortment that's out there, it's pretty cool."

If you go

The second annual Ottawa Food Truck Rally takes place on Saturday, Sept. 27 from 4 to 8 p.m. at Saint Paul University (223 Main St.).

- **Price.** Entry fee is \$10 per person, which is donated directly to the Ottawa Community Housing Foundation's scholarship program.

- **Location.** All food will be \$4 per plate. You can also purchase the 4-Wheel Deal, which includes four entry bracelets, four tasting plates, two alcoholic beverages and two non-alcoholic beverages for \$60.

- **Online.** For info, go to ottawafoodtruckrally.com

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Bryan Cranston. Breaking Bad star tapped for film about China's Great Wall

Deadline reports that Bryan Cranston is in early negotiations with Legendary Pictures to co-star in *The Great Wall*, which is to be helmed by Chinese filmmaker Zhang Yimou.

According to the entertainment news site, the former *Breaking Bad* star could share the billing with Matt Damon, who is also reportedly in talks to join the film.

The feature, which has been aiming to get off the ground at Legendary Pictures for years, will explore the origins of the famous Chinese landmark.

First erected to protect the Chinese Empire's borders starting around the 5th century BC, the Great Wall has been demolished and rebuilt several times since then.

Originally, the feature was slated to be directed by Edward Zwick (*Love & Other Drugs*, *Defiance*) and to star Henry Cavill (*Man of Steel*). The filmmaker ultimately backed out of the project to direct *Pawn Sacrifice*, a movie on the chess champion Bobby Fischer with Tobey Maguire in the title role.

AFP



Bryan Cranston AFP FILE

Hollywood

Second baby Bell doesn't stress actress

Kristen Bell says she's much more comfortable during her second pregnancy — not just because she has a better idea of what to expect, but because she's no longer trailed by paparazzi.

The actress established the No Kids Policy earlier

this year that saw stars unite to withhold interviews from outlets that published photos of celebrity children without parental permission. With a spate of A-list signees to the policy, entertainment news outlets quickly curbed their practice of showing such images.

"I feel a lot safer because I'm not followed at all now," Bell said.

THE ASSOCIATED PRESS

When Ben Kingsley gets fired up

The Boxtrolls. The man also known as Gandhi isn't much of a pacifist when it comes to bad directors



NED EHRBAR
Metro World News in Hollywood

Here's a fun game: Sir Ben Kingsley has made a lot of films since *Gandhi* in 1982, but at least one of them was a terrible experience. So take a look at his IMDb page and guess which filmmaking experience was so toxic it prompted him to torch the screenplay. He's not saying which film it was.

"I actually burned the script," Kingsley says while promoting his latest film, the stop-motion animated film *Boxtrolls*, which we can rule out from being the offending production in question.

"I had a ceremonial burning of the script. The director was such an awful person who was so discourteous to the cast and so amateurish. It was a colossal waste of good energy and time. All actors want to do is please and get it right, and it was so difficult."

One way to avoid any repeats of such an experience? Taking matters into his own hands.

"I've created a production company with my wife. We've got six films on our slate, and one of them is about a naval admiral," Kingsley says.

"I want to play a man in uniform. I've got tremendous respect for that life that they lead. We know so little about it. It's never discussed or talked about, when they come back from battle. I want to examine the choices that have to be made in those terrible times. That's one of the films on our



The Boxtrolls opens this Friday in theatres. CONTRIBUTED

slate."

And it will likely be a far cry from his *Boxtrolls* character, the devious Archibald Snatcher, who looks and sounds nothing like Kingsley himself. "My physicality on screen — the puppet — is very unlike my own silhouette. The movement and the mannerisms that you see on screen are not human," he says. "I tried to echo that with stretching vowel sounds and my accent and

playing with my voice, from a very relaxed starting point. I actually was lying down for most of my recordings."

While Kingsley only had a bit of voiceover work before *Boxtrolls*, he's got more lined up already, with Jon Favreau's take on *The Jungle Book*, requiring only Kingsley's voice.

"Mowgli is a real child, and he'll be surrounded by computer-generated animals," Kingsley says of the project, in

which he'll play Bagheera the leopard.

"It will be my voice. That's what Jon wants. I offered him all sorts of different things, and even an Indian accent, but he said, 'No, I want your British voice.' This script is probably a lot closer to Kipling than the original Disney one was."

No word yet on whether he'll be doing this job lying down as well, but it's safe to say he won't torch the script.

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Big-time deaths rock the small screen

Character carnage.

Television series have become more brazen about killing off key and popular characters

John Cameron Mitchell remembers exactly where he was when he found out he was dying.

Or, more specifically, when the character he portrayed on *Girls* — the tart-tongued ebook editor David Pressler-Goings — would meet his untimely end.

"It was a table read and I hadn't read that episode and it sort of suddenly came out — and I felt like I'd been punched in the gut," he said in a recent interview. "It was just like, my actor side. I looked over at (writer-star) Lena (Dunham) and she goes, 'I'm so sorry. I forgot to tell you.'"

In recent years, television body counts have blasted higher than home runs in the steroid era.

Spoilers, obviously, follow, but since *Game of Thrones*



All killed off: From left, *Game of Thrones*' Ned Stark (Sean Bean), *The Good Wife*'s Will Gardner (Josh Charles) and *Girls*' David Pressler-Goings (John Cameron Mitchell). CONTRIBUTED

blew viewers' minds by lopping off its lead character's head in an infamous Season 1 episode, television series have become increasingly brazen about killing off beloved characters.

When *The Good Wife* returned Sunday, it did so — again, spoilers ahoy! — without Josh Charles' cutthroat attorney Will Gardner, whose death in a courtroom shooting in Season 5 could scarcely have

been more jarring to devoted fans of the show.

Other shows to suddenly kill off central characters in recent years include *House of Cards*, *Arrow*, *Breaking Bad*, *Downton Abbey* and *Scandal*. And of course, *Game of Thrones* has buried more parts than a scrapyard.

Even *The Simpsons* has tried to buoy sagging enthusiasm for its seemingly endless

run by vowing to kill off yet another character in its upcoming 26th season, meaning shocking twist deaths have graduated from plot device to marketing tool. "Some shows, maybe they do it as a bit of a buzz — it's a great news piece to kill off a main character," said Edmonton actor Eric Johnson in a recent interview. "There was a fear before, in your network television model, to kill somebody that your audience identifies with," he added. "I think there's not a fear to do it anymore."

As viewers have become desensitized to losing pivotal characters, it's now up to actors to mourn the fictional dearly departed.

Sure, in some situations — *Downton* and *Good Wife*, for example — lynchpin characters were lost simply because the actors wanted to do something else. But in cases such as Mitchell's, a character being put out to pasture means an actor being put out of work. And for under-the-radar actors who work for years to land roles in major television series, the news can sting more than one might think.

In Johnson's case, he's starring in Cinemax's Steven Soderbergh-steered period piece *The Knick*, which zeroes in on a turn-of-the-20th-century New York City hospital with a soaring mortality rate.

After appearing in the series' initial run of 10 episodes, Johnson says he was told he'd return for a second season — exciting news "at a time when 50 per cent of the people died from infectious diseases."

He's joking, but he acknowledges real anxiety over a possible onscreen fatality.

"Oh, we all have concerns about that," he said. "Every day, you expect a script revision where somebody gets hit by a trolley or somebody gets syphilis and dies. You gotta be really nice to the writers. The writers will be making off like bandits on this show — all the free gifts. 'Please don't kill me off!'"

The fear of death is more an issue on some shows than others. Case in point: *How to Get Away With Murder*, premiering tonight on CTV. Beyond the fact that the word murder is in the title, the show carries the potential for a high fatality rate in part because

it's being produced by Shonda Rhimes.

The powerhouse producer first flaunted a taste for blood on *Grey's Anatomy*, which has the distinction of killing off two separate Emmy-lauded leads, and cemented her ruthless reputation with the increasingly hazardous *Scandal*.

Although actors turn each script page with apprehension, most agree that a televised death is much easier to bear if it's integral to the overall narrative, rather than a social-media-baiting stunt.

In Mitchell's case, his *Girls* character's death initiated Season 3's *Dead Inside*, an episode co-penned by Judd Apatow and Dunham that sought to cheerfully plumb new depths of Hannah's capacity for callous self-absorption. It was a divisive, discussed episode. So Mitchell says he was sacrificed for a worthy cause.

"I had to die so her character could not feel anything," he said.

"That, actually, was a wonderful episode ... So if I died for an awesome episode? So be it."

THE CANADIAN PRESS



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Eva Mendes and Ryan Gosling. ALL PHOTOS GETTY IMAGES

Are all non-Gosling babies jealous of Ryan's kid?

And now, the latest on new parents Eva Mendes and Ryan Gosling. It's been nearly two weeks since the couple welcomed their new daughter, and apparently the whole thing is taking some getting used to.

"They're both great, but

exhausted," a source tells E! News. "They know it's going to be a little while before the baby adjusts to a schedule."

Gosling, for his part, is reportedly "infatuated with the baby," making all other babies in the world seethe with jealousy.

Dr. Dre rakes in \$620M just by covering your ears

The headphone business has been very good to Dr. Dre.

The producer and former N.W.A. member has topped Forbes magazine's 2014 list of highest-paid hip-hop acts, pulling in a staggering \$620 million, thanks mostly to Apple's purchase of the Beats by Dre headphone line.

That's more than the income of the next 24 artists on the list combined. Jay Z and Diddy share second place, each at \$60 million, followed by Drake at \$33 million.



Dr. Dre

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



One Direction just keep on over-sharing



NED EHRBAR
Metro in Hollywood

It's hard to imagine that there's anything left to reveal about One Direction, especially after having the start of their career heavily documented on a reality show, being the subject of a Morgan Spurlock-directed documentary and being

incessant over-sharers on social media.

But, just in case, there's now a book coming out. The five guys have "written" an "autobiography" called Who We Are that promises "an unprecedented insight into all of it, from their humble beginnings and lives before the X Factor, to recording their first single, touring the world, winning awards, breaking records, and much, much more."

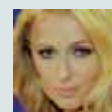
We're putting this one right on the shelf next to Kim Kardashian's book of discarded selfie attempts.

Twitter



@Bitchuation

Will somebody please tell Taylor Swift A CAT IS NOT AN ACCESSORY.



@ParisHilton

To all the paparazzi & people I see waiting outside my hotel for me. Don't waste your time. I'm being a good girl & staying in tonight.



@grantgust

Emma Watson's UN speech on gender equality is amazing & inspiring.



Paulina Gretzky

Paulina belly pic confirms Gretzky will be a grandpa

The Great One is going to be a grandfather. Wayne Gretzky's daughter Paulina announced Tuesday on her Instagram account that she and fiancé, pro golfer Dustin Johnson, are expecting their first child. The 25-year-old posted a photo of herself crad-

ling her belly, with the caption: @djohnsonpga & i are so excited to finally share with you all our amazing news...we're having a baby!!"

Younger brother Trevor Gretzky, a minor-leaguer in the Los Angeles Angels' organization, followed up by tweeting "Uncle Trev" along with the same photo.

It's the first grandchild for the hockey legend and his wife Janet, who have five children. Paulina is the oldest.

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3
LIFEPLUS
HOMES

Walking the online runway

Media's models. The maker of Kate Moss explains social media's ever-growing effect on the fashion world

RICHARD PECKETT
Metro World News

Gone are the days when models, like Victorian children, were seen and not heard. Nowadays their social media following on Twitter and Instagram can be as fiscally valuable as their face and figure.

Sarah Doukas, founder of agency Storm Models, explains that "there are girls who have huge followings, so we have to monetize that with a client. We've had to teach them because they would come to us and say, 'It's an advertising job.' We would say, 'What do you mean advertising? Is it e-commerce?' They would hide under the table and it wouldn't mean anything to them but now it should be monetized in a big way. It's a big element."

Cara Delevingne's flock of Twitter followers numbers almost two million, while her Instagram account is just shy of seven million.

The 22-year-old's audience reach rivals that of the big brands such as Burberry, Pepe Jeans and Mulberry for whom she models and subsequently markets for, thanks to her candid behind-the-scenes social media sharing.

"I remember being horrified a couple of years ago when she was in Paris and watching on our computers as Cara was mobbed out-



Want to get to know Cara Delevingne better? Scan this photo with your Metro News app to see what this social media star has got in her handbag. GETTY IMAGES

side a show by the general public and not by the paparazzi. And I was like, 'God Almighty, this is extraordinary, this cannot be happening,'" exclaims Doukas from her glass-walled office.

Inevitably, Delevingne's clickable antics in entering into the public interest — or rather the interest of the public — creates a ready stream of gossip-fuelled picture stories of bleary-eyed partying or even a snap of

the starlet sinking her teeth into model and bestie Jourdan Dunn's butt at the recent GQ Awards.

But Delevingne, who not only survived tabloid accusations of dropping a cocaine baggie outside her London home last year, is in even greater demand with her ineffable mix of disarming charisma and zany ADHD childishness. It's her USP (unique selling point).

"When she was four



Sarah Doukas
CONTRIBUTED

years old, she was always an unbelievable mile-a-minute jumping bean. I said, 'She will never be tall enough' but I did always think she would act," reminisces Doukas. Of course, she was right.

Then again, the maker of industry greats has a knack for spotting a marketable quirk.

It's a calculated gamble that saw Australian model Andrej Pejic — now known as Andreja after sexual reassignment surgery — added to the women's and Storm artists boards.

"From the minute I saw Andrej (as she was then), I embraced him as a per-

Grabbing a game-changer

- Sarah Doukas is known for having spotted a 14-year-old Kate Moss in New York's JFK Airport in 1988. Moss was only 170 cm (short by industry standards) and might have been overlooked by a stickler for runway uniformity.

Instagram explosion

"I was like, 'God Almighty, this is extraordinary, this cannot be happening.'"

Sarah Doukas on Cara Delevingne's remarkable rise to fame

son because not only was he tremendously beautiful looking but she is also tremendously bright — she is extraordinary," states the scout.

Pejic has since closed the Jean Paul Gaultier show and walked for designers such as Christian Dior and Marc Jacobs, with plans to move into the acting world.

However, Doukas, who set up the agency in 1987, chides the industry for its lack of inclusivity in terms of race and gender diversity.

"I just don't think we have enough diversity."

Designers are still reluctant to move away from the Caucasian esthetic that dominates the runways, although the fashion month cities (New York, London, Milan and Paris) are starting to cast more Asian models.

"It's what they think will sell," remarks Doukas.

She explains that it's the simple fact that the industry comes down to sales that empowers the public both as consumers of fashion and social media to drive the change away from runway and high-street homogeneity.

Doukas believes that "when you get back to the power of social media and if someone like Andreja Pejic can become a voice with all these followers, then brands will be forced to embrace her, or whoever."

Canadian street style

Spotted in: Toronto

Name: Lauren

Age: 30

Occupation: Owner and designer of floral design company Timberlost & Humblebound

What she's wearing:
All Toronto vintage finds. Black dress

from Mama Loves You, hat from Gadabout Vintage, shoes from Penny Arcade and Coach bag.

Her inspiration:

"Whimsical and ethereal pieces; classic accents; 1950s femininity; Motorcycle babes; dark and jewel tones."

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Trends Report

Women have many one-piece outfit options, such as dresses and jumpsuits, so it was only a matter of time before someone created a onesie business suit for men. Go online to Trends Report to learn more about The Suitsy, and why I think it's a genius invention.

- Online. metronews.ca/trends-report
- Follow Irene on Twitter @MetrolreneK and Instagram @kuanirene

Perk up with a brew-it-all machine

Monday is International Coffee Day, and whether it be a latte, espresso or coffee — iced or hot — there seems to be a machine to create just about whatever your java-loving taste buds desire. Even with limited counter space, these six machines do almost everything you might want to deliver your caffeine buzz



DESIGN CENTRE
Karl Lohnes
home@metronews.ca



Large reservoir

Keurig Rivo, \$299

Now you can brew one of the world's most-loved coffee brands at home with Lavazza capsules. The Rivo machine boasts one of the largest water reservoirs, which means you don't have to refill it as frequently. Keurig.ca

Handy milk carafe

Delonghi Dedica Cappuccino, \$599

The handy milk carafe can go from fridge to machine and the machine boasts Dual Thermoblock Technology, which quickly heats the pump to the ideal brewing temperature. Delonghi.com



Manual option

Breville Oracle BES980XL, \$2,300

Has lots of internal pumping power for frothing and brewing at the same time — a great time-saver when making more than one latte. You can operate the machine manually (like a true barista) or automatically for convenience. Breville.ca



Flip for espresso

Phillips Saeco Minuto, \$900

Memo function allows you to pre-set the length and strength of your coffee and an easy lever goes from everyday coffee service to café-style espresso with a simple flip. Saeco.ca



Tiny footprint

Vertuoline, \$299

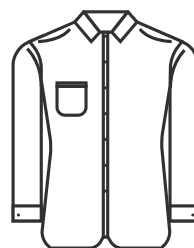
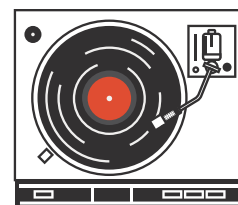
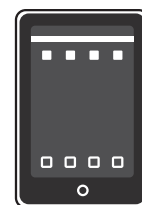
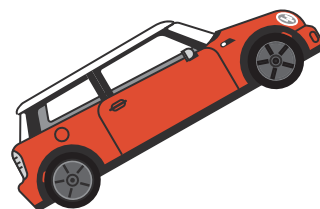
One of the smallest footprints — great for tiny kitchens and offices. The pump preheats and is ready to go in less than 20 seconds. Nespresso.com



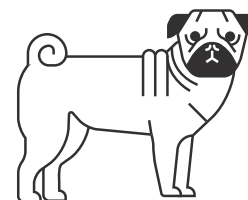
Café flavour

Verismo 600, \$149

High-pressure bars allow for better brewing flavour (in which Blonde roast is a Canadian fave for at-home brewers). The machine is compatible with the Starbucks coffee capsules for a true café taste — even at home. Starbucks.ca



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Cookbook of the Week

Delicious (and effortless) dining



Time and ideas are things on which many cooks find themselves short.

Faking It by Valli Little is here to help, whether you need to make fast mid-week dinners or impressive dishes for entertaining.

The book focuses on recipes that require only a few ingredients and is filled with clever short-cuts as well.

Faking It features more than 100 recipes, including: Gnocchi-topped Cottage Pies, Prawn, Chili and Pesto Pizza; Sushi Rice Bowl, Oven-Baked Lamb Curry, Black Forest Cake, Easy Baklava and more. **METRO**

1. Heat the oil in a large saucepan over medium heat. Add the onion and cook for 2-3 minutes, stirring, until softened. Add the garlic and tomato paste and cook, stirring, for a further 1 minute. Add the tomatoes and 2 1/2 cups (625 ml) of the chicken stock. Bring to the boil, then reduce the heat to low and simmer for 20 minutes while you make the meatballs.

2. For the meatballs, place the remaining 2 1/2 cups (625 ml) chicken stock in a saucepan and bring to the boil. Squeeze the sausage meat from the casings and form into about 30 small (3 cm) meatballs. Add meatballs to the stock and simmer for 10 minutes until cooked through. Remove meatballs to a plate with a slotted spoon, then return stock to the boil. Add the spaghetti and cook until al dente. Drain, discarding the stock.

3. Use a stick blender to blend the soup until smooth (or blend in batches in a blender, then return to the pan). Add the cooked

Ingredients

- 1 tbsp olive oil
- 1 onion, thinly sliced
- 2 garlic cloves, finely chopped
- 1 tbsp tomato paste
- 2 x 400 g cans chopped tomatoes
- 1.25 l (5 cups) chicken stock
- 500 g thin chicken sausages
- 100 g spaghetti, broken into 5 cm lengths
- Chopped basil, grated
- Parmesan and crusty bread, to serve



This recipe serves four to six. ©BRETT STEVENS AND IAN WALLACE

spaghetti and meatballs to the soup and warm through gently for 5 minutes over

low heat. Ladle the soup into bowls, garnish with basil and Parmesan, then

serve with your favourite crusty bread.

THE RECIPES WERE EXCERPTED FROM

FAKING IT BY VALLI LITTLE ©2014. PUBLISHED BY HARPERCOLLINS CANADA. ALL RIGHTS RESERVED.



This recipe serves four to six people. ©BRETT STEVENS AND IAN WALLACE

Appetizer. French Goat Cheese Dip

"I'm a fan of goat's cheese, but if you're not, cream cheese works equally well in this recipe," writes Valli Little in Faking It. "This dip can be used as a stuffing for roast chicken, too. Simply create a pocket between the skin and the breast, then carefully place the cheese mixture under the skin."

1. Place the goat cheese, vinegar, wine, oil, garlic, parsley and chives in a bowl with some sea salt and freshly ground black pepper. Beat well with a fork (or process in a food processor) until smooth, then

serve with crusty bread and vegetables to dip.

Ingredients

- 300 g soft goat cheese
- 1 tbsp white wine vinegar
- 1 tbsp dry white wine
- 2 tbsp extra virgin olive oil
- 2 garlic cloves, crushed
- 2 tbsp finely chopped flat-leaf parsley
- 2 tbsp chopped chives
- Baby (Dutch) carrots, celery sticks, radishes and crusty bread, to serve

For your phone

New York Times
Cooking (iPad; free)



MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

Poached bananas, avocado fries, and Coke-brined fried chicken are among the dishes featured in this strangely di-

verse collection of 15,000 recipes enhanced with videos that promises new delights each week.



Detroit beats ChiSox

Beanball sparks Tigers' rally

Justin Verlander pitched eight impressive innings, and the Detroit Tigers rallied after benches cleared in the sixth inning to beat the Chicago White Sox 6-1 on Wednesday.

White Sox ace Chris Sale was breezing along with a shutout when he hit Victor Martinez with a pitch in the sixth. The two exchanged words and the benches and bullpens emptied. The situation didn't escalate and Martinez eventually scored to tie the game at 1.

Ian Kinsler gave Detroit the lead with an RBI double in the seventh off Javy Guerra (2-4).

Verlander (15-12) allowed a run and seven hits in eight innings. He struck out six without a walk.

THE ASSOCIATED PRESS

L.A. nears 100-win mark

Angels capture season series against state rival

Howie Kendrick doubled and drove in three runs, and the AL West champion Los Angeles Angels held off the playoff-hopeful Oakland Athletics 5-4 on Wednesday.

Los Angeles (98-61) maintained its lead over Baltimore (95-63) for the best record in baseball and home-field advantage for the AL playoffs.

The Angels beat their Northern California rival for the seventh time in the last eight meetings to capture the season series 10-9.

THE ASSOCIATED PRESS

Go to metronews.ca for further coverage of the MLB playoff chase.



The Yankees' Derek Jeter reacts after striking out against the Orioles on Wednesday in New York. JIM MCISAAC/GETTY IMAGES

Mr. November won't get past September

End of the line. Jeter goes 0-for-4 as Bronx Bombers eliminated from post-season contention by Orioles

On Wednesday

9	5
Orioles	Yankees

All that's left for Derek Jeter to do is say goodbye.

Right now, though, the captain is still stewing over a lost season.

New York was eliminated from playoff contention Wednesday, wasting a three-run lead in a 9-5 loss to Nelson Cruz and the AL East cham-

pion Baltimore Orioles.

"It's tough. It's what you play for. It's a rough feeling," Jeter said.

Jeter went 0-for-4 as the designated hitter in his next-to-last home game, ending a seven-game hitting streak and dropping his average to .253.

The Yankees (81-77) missed the playoffs in consecutive years for the first time since 1992 and 1993. The only other time New York did not play in the post-season during the retiring captain's 20-season big-league career was in 2008.

"It's disappointing. It's frustrating," Yankees manager Joe Girardi said. "This is not where you want to be at this time of year."

When Jeter is lauded by fans Thursday night — should the forecasted rain hold off — for a career that included five of New York's 27 World Series titles, he will be playing his first game in the Bronx that

has no implications on his team's playoff chances. (Jeter was out with an injury last year).

"For the guys that are coming back and the team that plays, it's a feeling you shouldn't like and you shouldn't want to get used to," Jeter said.

Cruz had two of his four singles and slugger Adam Jones a safety squeeze in a six-run fourth for Baltimore, which is trying to overtake the Los Angeles Angels for the AL's best record and home-field advantage throughout the post-season.

THE ASSOCIATED PRESS

Stewart free from charges in Ward's death



Ontario County district attorney Michael Tantillo announces Wednesday that a grand jury had decided not to bring criminal charges against Tony Stewart. LAUREN PETRACCA/DEMOCRAT & CHRONICLE/THE ASSOCIATED PRESS

Three-time NASCAR champion Tony Stewart will not be charged with the death of a fellow driver at a sprint car race in upstate New York, prosecutors said Wednesday in disclosing for the first time that the victim had enough marijuana in his system the night he died to impair his judgment.

Ontario County district attorney Michael Tantillo said a grand jury decided against charging Stewart with either second-degree manslaughter or criminally negligent homicide in the Aug. 9 death of

Not quite over

Kevin Ward Jr.'s family said in a statement that "this matter is not at rest" and they'll "pursue all remedies."

Kevin Ward Jr., who was struck and killed as he walked down the track in an apparent attempt to confront the NASCAR veteran after their cars got tangled up one lap earlier.

Tantillo also said two videos — one from a fan, the other

from the tiny track — had been examined and enhanced. Both showed Stewart did not do anything wrong and that there was no "aberrational driving."

The decision came nearly seven weeks after Stewart's car struck and killed Ward, sending shock waves through the top racing series in the United States.

"This has been the toughest and most emotional experience of my life, and it will stay with me forever," Stewart said in a prepared statement.

THE ASSOCIATED PRESS



Status update: City still real good

Man City's Frank Lampard takes a selfie with a supporter after scoring twice in Wednesday's 7-0 League Cup win over Sheffield in Manchester, England. Scan the image with your Metro News app for more League Cup and European soccer action. MICHAEL STEELE/GETTY IMAGES

Ryder Cup. Will Fergie's 'trance' work for Europe?

Just in case Rory McIlroy needed any more motivation to beat the United States in the Ryder Cup, he found the right man to fire him up.

McIlroy said he was in a "trance" as the Europe team received a pep talk from Alex Ferguson, who guided Manchester United to 13 Premier League titles and is considered Britain's greatest soccer manager.

The No. 1-ranked McIlroy, a United supporter who showed off the claret jug — the British Open trophy — at Old Trafford last month, sounded like a star-struck kid.

"I was just sitting there and looking up at him and I didn't take my eyes off him," the four-time major winner said on Wednesday, two days before Europe starts its defence of the Ryder Cup at Gleneagles in Scotland. "I was sort of in this trance just listening to everything that he was saying."

Accepting expectations



"We've played well this year. It's not something we should shy away from. It's something that we should embrace." Rory McIlroy on Europe being slight favourites at this year's Ryder Cup

Ferguson, a Scot who retired last year after 26 seasons at United, spoke to the Europe team for about 30 minutes on Tuesday night.

Ferguson spoke about how his teams thrived as favourites, turning Old Trafford into a fortress. He said Europe should feel the same in Scotland.

"He talked a bit about that. We're slight favourites for a reason," McIlroy said.

THE ASSOCIATED PRESS

Eichel taking his own path to No. 1

Junior hockey. American standout not focusing on comparisons to Canuck phenom McDavid

Connor McDavid and Jack Eichel have been compared in hockey circles for years. Only one of them can be the No. 1 pick in the 2015 NHL draft but their careers will probably be forever linked.

But besides the hype, they've met on the ice but never talked.

"I don't really know him," Eichel said of McDavid. "I'm sure we'll meet along the way."

McDavid and Eichel are on course to meet at the world junior championship Dec. 31 in Montreal when Canada faces the U.S. And they'll be mentioned together on the road to the draft.

The comparisons will continue long after that, but for now Eichel is trying to drown them out. While McDavid chose a third season with the OHL's Erie Otters, Eichel will be a freshman at Boston University.

"I just try to concentrate on what I can control and myself," Eichel said Wednesday in Buffalo where he'll play in USA Hockey's All-American Prospects Game Thursday.

Jack like Jeff

"I think I play pretty similar to Jeff Carter. He's a big skating centre, likes to shoot the puck, make plays." Jack Eichel

"There's going to be comparisons wherever you go. I just try to focus on myself and making sure I'm doing the right things and trying to get better."

Eichel, who turns 18 in late October, said college hockey is a "perfect fit" for him. The North Chelmsford, Mass., native isn't worried about passing up on junior and its busier, more professional-style schedule.

"That just means more time in the weight room, getting stronger," Eichel said. "You're playing against bigger, stronger, older guys.... I think that was what I needed to do to take my development to the next level."

Eichel's game is already at the next level or else he wouldn't be getting compared to McDavid. He had almost two points a game while with the U.S. National Team Development Program last season.

The six-foot-two, 194-pound centre said he thinks every area of his game could use some polishing but if he develops along the same path, he'll justify the attention he's getting.

Eichel is someone whose presence can "raise all the players around him," according to USA Hockey's Jim Johansson.

"To be No. 1, obviously, it's in anyone's competitive nature to be No. 1," Eichel said of the possibility of being the NHL's top pick next summer. "You dream about that your whole life. So if I sat here and told you that I didn't want to be in the No. 1 pick, I think I'd be lying, because I do. But I'm not going to lose sleep on it."

THE CANADIAN PRESS



Massachusetts native Jack Eichel, top, and Newmarket, Ont., product Connor McDavid are early favourites to be picked early at the 2015 NHL draft.

TOP: BRUCE BENNETT/GETTY IMAGES, BOTTOM: AARON BELL/OHL IMAGES

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Too soon? Stepan takes two steps back with break

New York Rangers centre Derek Stepan has broken his lower left leg during a conditioning drill.

The 24-year-old Stepan missed a scrimmage on Sunday and pre-season game on Monday with a leg injury.

After several X-rays, he was cleared to take part in fitness testing on Wednesday.

Rangers coach Alain Vigneault says Stepan got hurt despite three X-rays and "feeling really good the last 48 hours." THE ASSOCIATED PRESS



The Rangers say it's unclear how long Derek Stepan will be sidelined with a broken leg. GETTY IMAGES

Next One? No. 99 goes from Great One to grandpa

The Great One is going to be a grandfather.

Wayne Gretzky's daughter Paulina announced Tuesday on her Instagram account that she and pro golfer fiancée Dustin Johnson are expecting their first child.

The 25-year-old posted a photo of herself cradling her belly, with the caption: "@djohnsonpga & i are so excited to finally share with you all our amazing news.. we're having a baby!!"

THE CANADIAN PRESS



Paulina Gretzky is the oldest of Wayne and Janet Gretzky's five children. GETTY IMAGES

AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

Uranus in your sign can at times make you feel a bit tense but today's link to Jupiter, planet of good fortune, will chill you out no end. Partners and loved ones will see the difference in your attitude, and respond in kind.

♉ Taurus

April 21 - May 21

There is a rational explanation for everything that happens but sometimes things happen that make you wonder if there is not more going on. Keep your mind open over the next 24 hours.

♊ Gemini

May 22 - June 21

A wonderful aspect between the heavyweight planets Jupiter and Uranus means you are in tune with the spirit of the times, so find fun in everything you do.

♋ Cancer

June 22 - July 23

The choices you make over the next few days will have a major impact on your social or professional reputation, so make them wisely.

♌ Leo

July 24 - Aug. 23

Something you said a while ago was taken out of context and a rival is now using it against you. Set the record straight today.

♍ Virgo

Aug. 24 - Sept. 23

If you try to talk your way out of trouble today chances are you won't succeed. If, however, you admit you made a mistake, you will be forgiven with no questions asked.

♎ Libra

Sept. 24 - Oct. 23

You may seem calm and on the outside but deep down you fear the worst. Whatever has you worried will be out of your life by the end of the day.

♏ Scorpio

Oct. 24 - Nov. 22

Domestic and work arrangements may change at a moment's notice today, but that's OK. You are adaptable enough to change with them and make it all seem effortless.

♐ Sagittarius

Nov. 23 - Dec. 21

You may recently have lost something of value but what you gain over the next few days will more than make up for it.

♑ Capricorn

Dec. 22 - Jan. 20

Partnership problems may be causing you concern but don't fear. Certain relationships have fallen into a rut and need to be revitalized. What is painful in the short-term will be useful in the long-term.

♒ Aquarius

Jan. 21 - Feb. 19

Uranus, your ruler, is brilliantly aligned with luck planet Jupiter today, so how can you possibly lose? You can't, so decide what you most want to do then give it your best shot. You'll succeed.

♓ Pisces

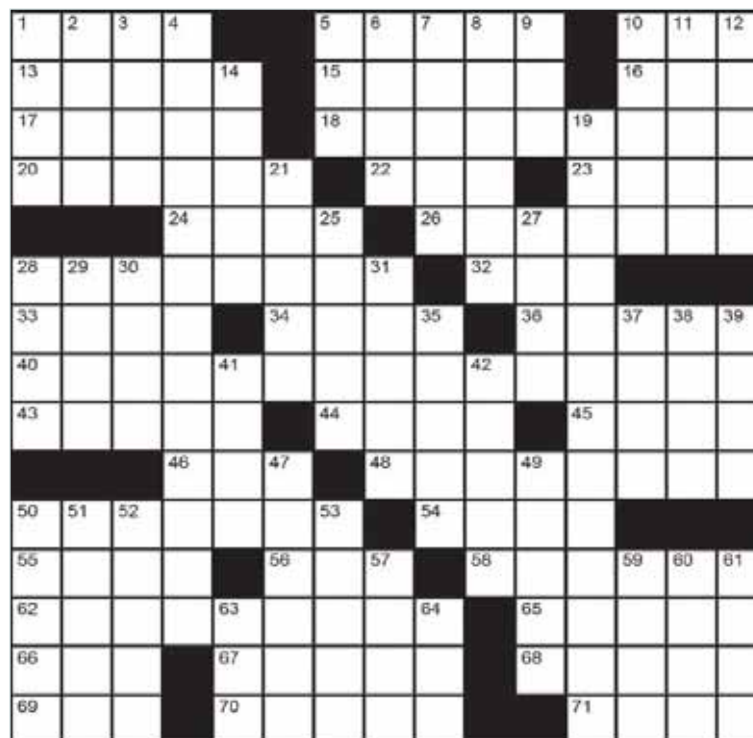
Feb. 20 - March 20

The planets suggest you are about to make a momentous decision. But are you making it for the right reasons? Make sure you answer that question first.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Get an 'L' effort
5. Impede, in law
10. Blue
13. French novelist Victor, and surname-sakes
15. Scenic suffix to 'Sea'
16. Pressure meas.
17. Insurance
18. Lady Gaga hit: 2 wds.
20. Capital of Argentina, ___ Aires
22. Montreal 1976: Nadia's number
23. Demonstration disturbance
24. Welsh actor Mr. Gruffudd
26. Stand-ins for monarchs
28. Arfer like Farley in Canuck comic strip For Better or For Worse
32. Hideaway
33. Per
34. Book of ___ (Old Testament book)
36. Pinnacles
40. Marvel's Wolverine character: 2 wds.
43. Actress Madeleine
44. Dollop
45. Queens ___ (Street in Toronto's waterfront)
46. Mary ___ (Cosmetics company)
48. Causes confusion/chaos
50. Restrictive



54. George Lucas heroine
55. Persia, now
56. 51s ...ancient Rome style
58. C.S. Lewis fantasy land
62. Vancouver neighbourhood
65. Buzz of "Toy Story" (1995), et al.
66. East: French
67. Gin and ___
68. Cater to
69. "___ sells sea-shells..."
70. "___ Away" (2002) starring Madonna
71. Artist Ms. Bonheur (b.1822 - d.1899)

Down

1. Captain in 1956's "Moby Dick"
2. Particular pufferfish
3. S-shaped moulding
4. Rocker from Arkansas, an Honorary Officer of the Order of Canada: 2 wds.
5. Second sight, shortly
6. Glaswegian
7. Census
8. Premiered
9. For each
10. Madrid's locale
11. Tie type
12. Cuts out sugar, perhaps
14. Brownstone

- stairway
19. St. Boniface, Winnipeg's ___
21. Anwar ___ (Former Egyptian President)
25. ___ added (Restaurant declaration)
27. Equipment
28. Tiny terms
29. High society, ___ monde
30. Prefix meaning 'Outer'
31. Toronto-born pianist Glenn
35. Bungle
37. "Start ___" by The Rolling Stones
38. 'E' in QED
39. Some beans [var. sp]
41. Shipshape
42. Actor Buddy
47. "___ Submarine" by The Beatles
49. Monetary units in Oman
50. Tastes
51. ___ Setter (Woof!)
52. Not shiny, as foundation
53. "Cheers" character
57. Cut
59. Tunesmith Laura
60. Composer Mr. Berlin, et al.
61. On the Atlantic
63. "___ about time!"
64. Sept.'s follower

Yesterday's Crossword

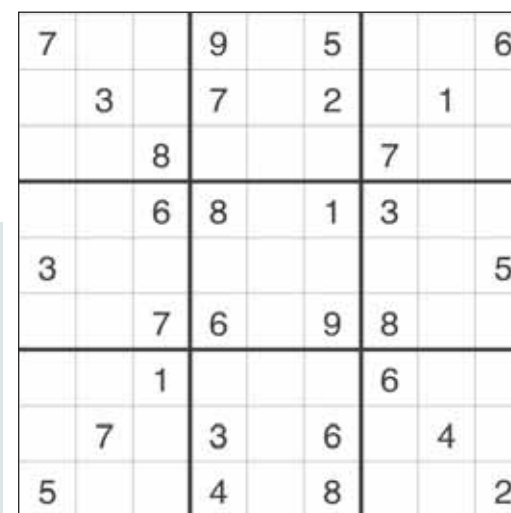


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Online

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HERE ARE TODAY'S SONGS (THURSDAY SEPT. 25):

- IT'S LIKE THAT • SHOW ME LOVE • WHAT IS LOVE
- RUMP SHAKER • WHERE THE PARTY AT

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